

Shared Reading as a source of power for people living with cancer

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female cancer patients (N=12) two SR groups (on-site + online) 16 weeks Norway

Balance of life and cancer:

"We are in an illness process and then we do something that is not about that. And that actually gives me strength. Mmh".

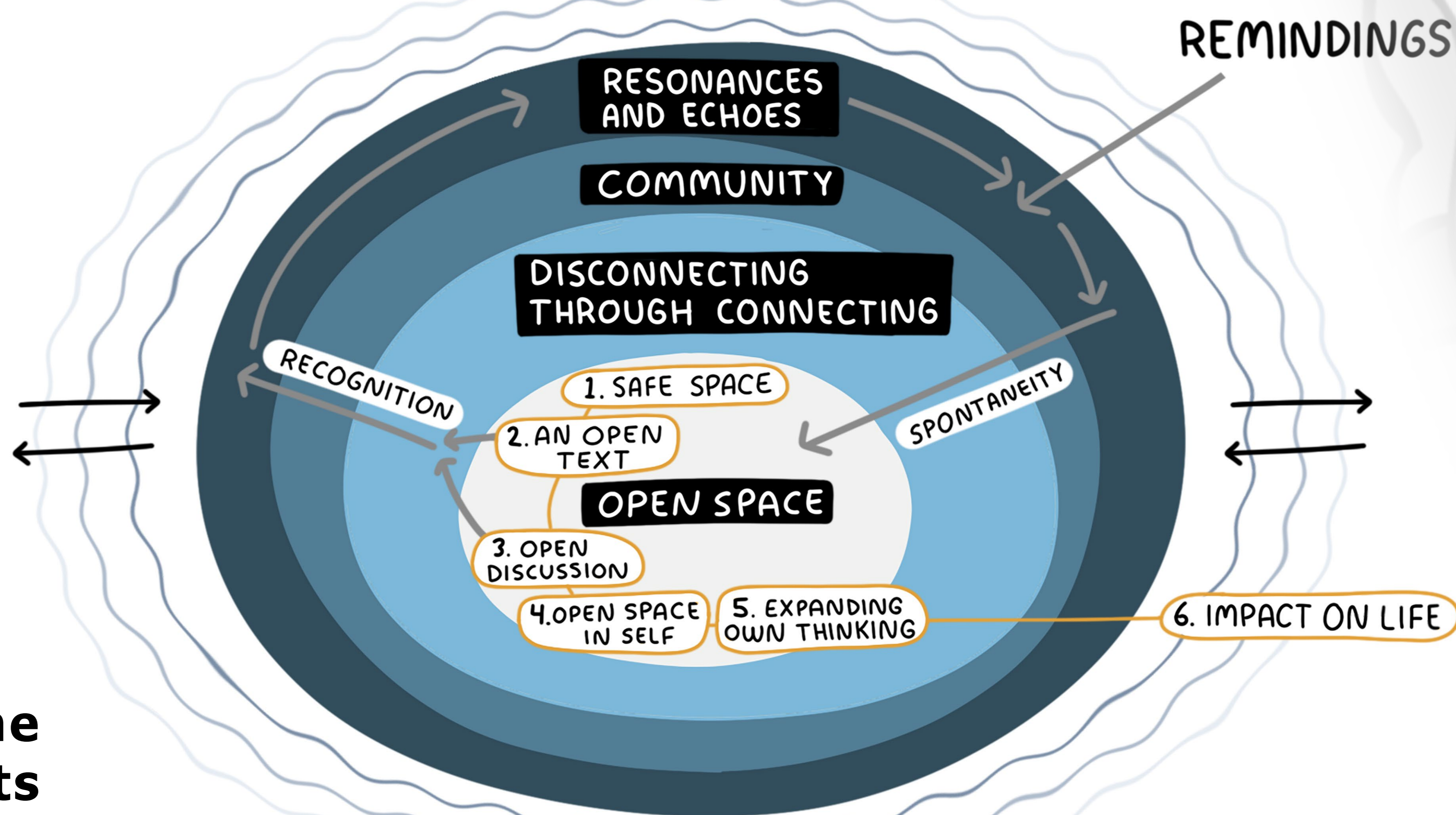


Scan QR-code to read a short description of the model

Impact on life:

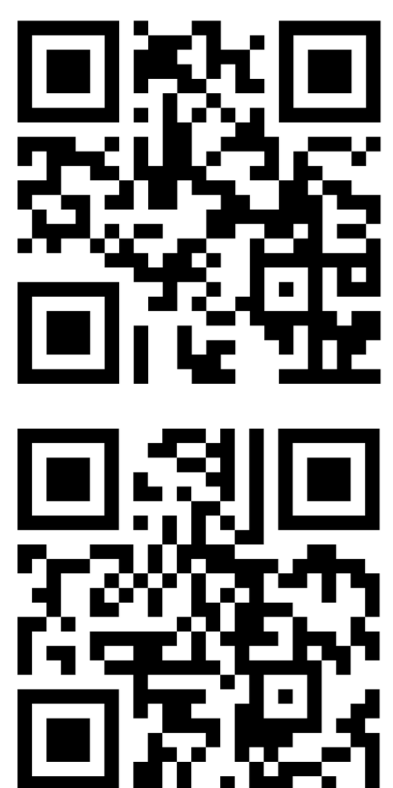
"It is like that butterfly effect or ripple effect; you start doing something and then it becomes big in your life (...) it has done so much."

Process model over Shared Reading



How did the participants experience Shared Reading?

Studies



Study 1
How did the participants experience the group as a support in their lives with cancer? (scan to read the paper)

Study 2
Role of the text? (scan to read the abstract)

Study 3
Role of the medium? (on-site vs. online SR)

In progress

Findings

SR was experienced as a supportive environment that fulfilled basic psychological needs (Ryan & Deci, 2017) and elicited motivation and continued impact.

The participants' reading experiences showed how the texts continued to live in a participant's mind after a session.

The online and on-site SR groups both 'worked', but differed in conversation structures, group dynamics, the role of the Reader Leader, and the experience of participating.

Take home message

Shared Reading has a potential as an alternative, low-cost psychosocial offer for cancer patients.



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