**Discussion Group Empathy and Narrative**

**Group 1, Demarcation of Narrative Empathy and
Group 2, Measurements of Narrative Empathy**

***22 January 2021***

What is empathy: Is it a too broad concept?

Usually two kinds: cognitive (perspective-taking) & affective

Phenomenological philosophy: caring attitude to understand interpretive categories of others, bracketing your own beliefs. Willing to change yourself after encountering an Other.

Different from ToM because motivations and affect are important, understanding the "why" of a different way of thinking is important, not just acknowledging it.

Question: what is it like to be in your situation? What is it like for me to be in your situation? Not focus on myself but a **weaving** of the two perspectives, not just separate Selves meeting.

Empathy is an inferential process.

Self-reported measures are objective about experience, because experience is somehow filtered through reflection.

However, there is no way of getting rid of uncertainty, we need to be ready to revise questionnaires and concepts.

"Eye in the mind" test has a very feeble conception of empathy.